

LAB PROCEDURE ASSESSING VITAL SIGNS

PERFORMANCE CHECKLIST

STUDENT NAME _____

TOTAL POINTS POSSIBLE 100

DATE _____

POINTS EARNED _____

PERFORMANCE POINTS		PTS POSS	PT EARNED	REMARKS
1	Assemble equipment & supplies	2		
2	Wash hands	3		
3	Place pt in comfortable position	2		
4	Remove thermometer handheld unit from charger	3		
5	Slide disposable speculum cover over tip	2		
6	Insert speculum into ear canal	3		
a.	Pull ear pinna upward & back for adult	3		
b.	Fit probe snug into canal & do not move	3		
c.	Point toward nose	3		
d.	Depress scan button on handheld unit	3		
e.	Leave probe in place until signal occurs	3		
f.	Remove speculum from auditory meatus	2		
g.	Read digital display	2		
h.	Push ejection button on unit to discard probe into proper receptacle	2		
i.	Return handheld unit to charging base	2		
7	Record the reading	2		
8	Count respirations(usually 30 sec x 2)	2		
9	Place index & middle finger over radial artery	2		
10	Count pulsations (usually 30 sec x 2)	3		
11	Record pulse & respirations	2		
a.	should be within + or - 2 beats of instructor	2		
12	Clean the ear piece of the stethoscope before use	3		
13	Wrap deflated cuff around upper arm	3		
a.	1' - 1 1/2' above brachial artery	3		
b.	use appropriate size	3		
14	Locate brachial artery with fingertips in antecubital	3		
15	Place stethoscope over artery (do not use thumb)	3		
16	Put earpieces in ears pointed forward	3		
17	Gently close the valve on rubber bulb	2		
18	Inflate cuff above point you hear a pulse	2		
19	Open bulb valve slowly & let air escape gradually	2		
20	Note reading of first sound heard (systole)	2		
21	Release air until no sound or faint sound (diastole)	2		
a.	if you hear sound to zero, record three sounds	2		
22	Record time & reading	2		
23	Clean stethoscope earpieces with alcohol	2		
24	Replace equipment	2		
25	Check patient for safety & comfort	2		
26	Wash hands	2		
27	Document appropriately	6		
TOTAL		100		

INSTRUCTOR _____