

# LAB PROCEDURE DONNING AND REMOVING STERILE GLOVES

## PERFORMANCE CHECKLIST

STUDENT NAME \_\_\_\_\_

TOTAL POINTS POSSIBLE 100

DATE \_\_\_\_\_

POINTS EARNED \_\_\_\_\_

PERFORMANCE POINTS		PTS POSS	PT EARNED	REMARKS
1	Prepare supplies & equipment	3		
2	Wash hands	3		
3	Pull apart outer glove package	3		
4	Lay inner package on clean flat surface	3		
a.	Place just above waist level	3		
5	Unfold inner wrapper without touching the gloves	3		
6	Position package with cuffs closest to you	3		
7	Use thumb & first two fingers nondominant hand	4		
8	Grasp edge of glove cuff for dominant hand	4		
a.	Touch only inside surface of glove	4		
b.	Allow space in work area for inserting fingers	4		
c.	Hold fingers of glove downward	4		
9	Insert dominant hand into glove	4		
a.	Pull at inside of cuff to adequately cover hand	4		
10	Insert gloved fingers under cuff of remaining glove	4		
11	Insert nondominant hand into glove	4		
12	Unfold cuff without touching wrist	4		
13	Adjust fit	4		
a.	Maintain sterile technique	5		
TO REMOVE GLOVES				
14	Grasp glove near outer wrist using dominant hand	4		
15	Stretch cuff pulling it inside out during removal	3		
16	Hold removed glove with dominant hand	4		
17	Slide fingers nondominant hand inside gloved hand	3		
18	Stretch inner glove surface	3		
19	Invert it over previously removed glove	3		
20	Dispose of soiled gloves appropriately	3		
21	Wash hands	4		
22	Leave area neat and clean	3		
TOTAL		100		

INSTRUCTOR \_\_\_\_\_