

# LAB PROCEDURE POSITIONING AND BODY ALIGNMENT

## PERFORMANCE CHECKLIST

STUDENT NAME \_\_\_\_\_

TOTAL POINTS POSSIBLE 100

DATE \_\_\_\_\_

POINTS EARNED \_\_\_\_\_

PERFORMANCE POINTS		PTS POSS	PT EARNED	REMARKS
1	Assemble equipment & supplies	3		
2	Wash hands	3		
3	Identify & greet client; identify self	3		
4	Explain procedure & provide privacy	3		
5	Raise bed to working height	3		
6	Lock wheels on bed	3		
7	Lower backrest	3		
8	Lower side rail on working side	3		
9	Loosen top sheets & remove pillow	3		
10	Move client closest to you	3		
11	Cross client's arms over chest	3		
12	Raise bedrail	3		
	TURN CLIENT TOWARD YOU			
13	Go to opposite side of bed	3		
14	Lower bedrail	3		
15	Cross leg farthest from you over closest leg	3		
16	Reach across client; place hand behind shoulder	3		
17	Place other hand behind hip	3		
18	Gently roll client toward you	3		
19	Raise bedrail	2		
	TURN CLIENT AWAY FROM YOU			
20	Lower bedrail			
21	Move client toward you	2		
22	Cross leg closest to you over opposite leg	2		
23	Place hand under client's shoulder near you	2		
24	Place other hand under client's buttocks	2		
25	Turn client gently away from you	2		
26	Fold pillow lengthwise & place against back & tuck	2		
27	Support head & slide pillow under head & neck	2		
28	Position knees slightly flexed	2		
29	Support upper leg on pillow	2		
30	Support upper arm on pillow	2		
31	Make client comfortable	2		
32	Place call light within reach	2		
33	Adjust bedding & straighten bed	2		
34	Lower bedrail	2		
35	Raise siderail	3		
36	Wash hands	3		
37	Chart significant information	10		
	TOTAL	100		

INSTRUCTOR \_\_\_\_\_