

LAB PROCEDURE HEIGHT AND WEIGHT

PERFORMANCE CHECKLIST

STUDENT NAME _____

TOTAL POINTS POSSIBLE 100

DATE _____

POINTS EARNED _____

| PERFORMANCE POINTS | | 5 | PT EARNED | REMARKS |
|--------------------|--|-----|-----------|---------|
| 1 | Assemble equipment & supplies | 4 | | |
| 2 | Wash hands | 5 | | |
| 3 | Identify & greet client | 4 | | |
| 4 | Identify self | 4 | | |
| 5 | Explain procedure | 4 | | |
| 6 | Provide privacy | 4 | | |
| 7 | Balance scales | 5 | | |
| 8 | Place paper towel on scale platform | 5 | | |
| 9 | Raise measuring rod | 5 | | |
| 10 | Ask client to remove shoes | 5 | | |
| 11 | Assist client to stand on scale platform | 5 | | |
| a. | Have client stand with arms to sides | 5 | | |
| 12 | Read weight | 4 | | |
| a. | Move weight till balanced appropriately | 4 | | |
| 13 | Record weight | 4 | | |
| 14 | Instruct client to stand erect | 5 | | |
| 15 | Lower measuring rod till it rests on client's head | 4 | | |
| 16 | Read height and record | 5 | | |
| 17 | Assist client off platform | 4 | | |
| 18 | Discard paper towel | 5 | | |
| 19 | Wash hands | 5 | | |
| 20 | Chart significant information | 5 | | |
| TOTAL | | 100 | | |

INSTRUCTOR _____