

# LAB PROCEDURE ADMINISTERING A CLEANSING ENEMA

## PERFORMANCE CHECKLIST

STUDENT NAME \_\_\_\_\_

TOTAL POINTS POSSIBLE 100

DATE \_\_\_\_\_

POINTS EARNED \_\_\_\_\_

PERFORMANCE POINTS		PTS POSS	PT EARNED	REMARKS
1	Checks physician's order	3		
2	Obtain equipment	3		
3	Prepares and warms appropriate solution	3		
4	Expels air from tubing	3		
5	Explains procedure to client	3		
6	Plans with client to use bedpan/commode/BR	3		
7	Washes hands	3		
8	Provides privacy	3		
9	Raises bed to proper height	3		
10	Positions and drapes client	3		
11	Don exam gloves	3		
12	Protects bed linen	3		
13	Lubricates tip of tube	3		
14	Inserts tube 4" into rectum and hold in place	3		
15	Releases clamp	3		
16	Raise container 12-18" above anus	3		
17	Infuse solution slowly	3		
18	Slows or stops infusion if c/o cramping	3		
19	Resumes instillation once discomfort passes	3		
20	Clamps tubing after solution is administered	3		
21	Remove tube & clean rectal area	3		
22	Remove gloves appropriately	3		
23	Wash hands	3		
24	Instructs client to retain solution 5-10 minutes	3		
25	Lowers bed	2		
26	Signal light within client's reach	2		
27	Provides bedpan/commode & toilet paper	2		
28	Removes equipment	2		
29	Checks client frequently; assists as needed	2		
30	Assess characteristics of enema returns	2		
31	Provides client with handwashing	3		
32	Wash hands	3		
33	Chart significant information	10		
	TOTAL	100		

INSTRUCTOR \_\_\_\_\_