

# FUNDAMENTALS OF NURSING

## OBJECTIVES

### SKIN INTEGRITY AND WOUND CARE

#### Chapter 34

*Mastery of content in this chapter will enable the student to:*

- 1 Define the key terms listed.
- 2 Describe risks and contributing factors for pressure ulcer development.
- 3 List the four stages of pressure ulcers.
- 4 Discuss the body's response during each phase of the wound healing process.
- 5 Describe the wound assessment criteria: anatomical location, size, type and percentage of wound tissue, volume and color of wound drainage and condition of surrounding skin.
- 6 Differentiate healing by primary and secondary intention.
- 7 Discuss common complications of wound healing.
- 8 Explain factors that impair or promote normal wound healing.
- 9 Describe the purposes of and precautions taken with applying bandages and binders.
- 10 Describe mechanism of action of wound care dressings.
- 11 Describe the differences in therapeutic effects of heat and cold.
- 12 Complete an assessment for a client with impaired skin integrity.
- 13 List nursing diagnoses associated with impaired skin integrity.
- 14 Develop a nursing care plan for a client with impaired skin integrity.
- 15 State evaluation criteria for a client with impaired skin integrity.

# SKIN CARE/STERILE DRESSING

## Chapter 34

### LAB:

#### **Practice**

- 1 Demonstrate assessment for Risk of Pressure Ulcer Development.
- 2 Demonstrate treating pressure ulcers.
- 3 Demonstrate applying an elastic bandage.
- 4 Demonstrate applying wet-to-dry moist dressings.

#### **Graded Lab - videotape**

- 1 Demonstrate applying a sterile dressing.