

# FUNDAMENTALS OF NURSING

## OBJECTIVES URINARY ELIMINATION Chapter 31

*Mastery of content in this chapter will enable the student to:*

- 1 Define the key terms listed.
- 2 Explain the function of each organ in the urinary system.
- 3 Describe the process of urination.
- 4 Identify factors that commonly influence urination.
- 5 Compare and contrast common alterations in urination.
- 6 Obtain a nursing history from a client with an alteration in urination.
- 7 Describe physical assessment techniques used to assess urinary elimination.
- 8 Describe characteristics of normal and abnormal urine.
- 9 Describe nursing implications of common diagnostic tests of the urinary system.
- 10 Identify nursing diagnoses relevant to the urinary system.
- 11 Discuss nursing measures to assist the client with urinary elimination.
- 12 Describe nursing measures to control incontinence.
- 13 Discuss nursing measures to reduce urinary tract infections.
- 14 Apply or insert an external or indwelling catheter.

# CATHETERIZATION/IRRIGATION

## Chapter 31

LAB:

### **Practice**

- 1 Demonstrate ability to perform a manual catheter (bladder) irrigation.
- 2 Demonstrate the ability to correctly insert a straight catheter and collect a specimen.

### **Graded Lab - videotape**

- 1 Demonstrate the ability to correctly insert a foley catheter in a patient.