

# FUNDAMENTALS OF NURSING

## OBJECTIVES

### HYGIENE

#### Chapter 26

*Mastery of content in this chapter will enable the student to:*

- 1 Define the key terms listed.
- 2 Identify common skin problems and related interventions.
- 3 Describe factors that influence personal hygiene practices.
- 4 Discuss conditions that may put a client at risk for impaired skin integrity.
- 5 Describe the types of bathing techniques used for various physical conditions and for clients of various age-groups.
- 6 Perform a complete bed bath and back rub.
- 7 Discuss factors that influence the condition of the nails and feet.
- 8 Explain the importance of foot care for the diabetic client.
- 9 Describe the methods used for cleaning and cutting the nails.
- 10 Discuss conditions that may put a client at risk for impaired oral mucus membranes.
- 11 Discuss measures used to provide special oral hygiene.
- 12 Assist with or provide oral hygiene.
- 13 List common hair and scalp problems and their related interventions.
- 14 Offer hygiene to meet the needs of clients requiring eye, ear, and nose care.
- 15 Describe how hygiene care for the older adult client may differ from that for the younger client.
- 16 Make an occupied and unoccupied hospital bed.

# BEDBATH/BEDMAKING

## Chapter 26

### LAB:

#### **Graded Lab - videotape**

- 1 Demonstrate the procedure for giving a complete bed bath.  
(Include oral hygiene, nail care, back massage)
- 2 Demonstrate the procedure for making and occupied bed.
- 3 Demonstrate the procedure for making and unoccupied bed.