

FUNDAMENTALS OF NURSING

OBJECTIVES EXERCISE AND ACTIVITY Chapter 24

Mastery of content in this chapter will enable the student to:

- 1 Define the key terms listed.
- 2 Describe the role of the skeleton, skeletal muscles, and nervous system in the regulation of movement.
- 3 Discuss physiological and pathological influences on body alignment and joint mobility.
- 4 Assess clients for impaired body alignment and mobility.
- 5 Formulate nursing diagnoses for clients experiencing problems with impaired body alignment and mobility.
- 6 Write a nursing care plan for a client with impaired body alignment and mobility.
- 7 Describe the interventions for maintaining proper alignment, assisting a client to move up in bed, repositioning a client needing assistance, and transferring a client from a bed to a chair.
- 8 Evaluate the nursing care plan for maintaining body alignment and mobility.

POSITIONING

Chapter 24

LAB:

Practice

- 1 Place a patient in supine, Fowler's, prone, side-lying and Sim's position.
- 2 Move a patient up in bed.
- 3 Assist a patient to sit up on the side of the bed and transfer to a chair and ambulate.
- 4 Transfer a patient using a 3-person carry. Transfer to stretcher.
- 5 Turn a patient using the log-roll method.

Graded Lab - Videotape

- 6 Positioning a patient by turning toward you and away from you.