

FUNDAMENTALS OF NURSING

OBJECTIVES

HEALTH ASSESSMENT AND PHYSICAL EXAMINATION

Chapter 12

Mastery of content in this chapter will enable the student to:

- 1 Define the key terms listed.
- 2 Discuss the purposes of physical examination.
- 3 Describe the techniques used with each physical assessment skill.
- 4 Discuss the importance of understanding cultural diversity as it influences the approach to health assessment.
- 5 Describe the proper position for the client during each phase of a physical examination.
- 6 List techniques used to prepare a client physically and psychologically before and during an examination.
- 7 Describe interview techniques used to enhance communication during history taking.
- 8 Make environmental preparations before an examination,
- 9 Identify information to collect from the nursing history before an examination.
- 10 Discuss normal physical findings in a young and middle-age adult compared with an older adult.
- 11 Discuss ways to incorporate health teaching into the examination process.
- 12 Use physical assessment skills during routine nursing care.
conduct assessments in an organized and proper fashion.
- 13 Describe physical measurements made in assessing each body system.
- 14 Identify self-screening examinations commonly performed by clients.

HEIGHT/ WEIGHT/ASSESSMENT

Chapter 12

LAB:

Graded Lab - videotape

- 1 Demonstrate ability to accurately measure height and weight.

Graded Lab

- 2 Perform comprehensive Physical Assessment and record.